

Learning Ladder Breakfast & Snack Menu May 2024

A breakfast bar is served daily at 7:45 as an early morning snack

Monday	Tuesday	Wednesday	Thursday	Friday
		1. English Muffins Bananas Banana Bread, Fresh Fruit	2. Smoothie Cinnamon Toast Bars Ham & Cheese Roll Ups Fresh Fruit	3. Muffin Oranges Cheese, Crackers
6. Cereal Apples Trail Mix, Fresh Fruit	7. Bagels w/ Cream Cheese Oranges Pizza Roll-Ups Fresh Fruit	8. English Muffins Bananas Bean Dip, Crackers	9. Oatmeal Peaches Apple Pastries Fresh Fruit	10. Pancakes Strawberries Cottage Cheese, Pineapple
13. Cereal Apples Seasoned Oyster Crackers Fruit Salad	14. Bagels w/ Cream Cheese Oranges Banana Bread, Fresh Fruit	15. English Muffins Bananas Hummus, Crackers	16. Smoothie Cinnamon Toast Bars Yogurt, Grahams	17. Muffin Oranges Cheese, Crackers
20. Bagels w/ Cream Cheese Oranges Pretzels Fruit Salad	21. Cereal Apples Trail Mix, Fresh Fruit	22. English Muffins Bananas Veggie Pizza, Fresh Fruit	23. Oatmeal Peaches Apple Muffins Fresh Fruit	24. Pancakes Strawberries Cottage Cheese, Pineapple
27. CLOSED	28. Bagels w/ Cream Cheese Apples Pizza Roll-Ups Fresh Fruit	29. English Muffins Bananas Yogurt, Grahams	30. Smoothie Cinnamon Toast Bars Pumpkin Bars Craisins	31. Muffin Oranges Bean Dip, Crackers

Each breakfast is served with milk, (1) fruit or vegetable, and (1) bread or bread alternative.

Each lunch is served with milk, (1) meat or meat alternative, (2) fruit or vegetable, (1) bread or bread alternative

Each snack includes at least 2 of the following: (1) milk. (1) fruit or vegetable. (1) bread or bread alternative. (1) meat or meal alternative.