

Learning Ladder Breakfast & Snack Menu July 2024

A breakfast bar is served daily at 7:45 as an early morning snack

Monday		Tuesday		Wednesday		Thursday		Friday	
1.	Cereal Apples Pretzels, Fresh Fruit	2.	Bagels w/ Cream Cheese Oranges Banana Bread Fresh Fruit	3.	English Muffins Bananas Bean Dip, Crackers	CLOSED		5.	Muffin Oranges Cheese, Crackers
8.	Cereal Apples Yogurt Grahams	9.	Bagels w/ Cream Cheese Oranges Veggies, Veggie Dip	10.	English Muffins Bananas Hummus Crackers	11.	Oatmeal Peaches Veggie Roll Ups Fresh Fruit	12.	Pancakes Strawberries Banana Oatmeal Cookies, Fresh Fruit
15.	Cereal Apples Seasoned Oyster Crackers Fruit Salad	16.	Bagels w/ Cream Cheese Oranges Pretzels Fruit Salad	17.	English Muffins Bananas Bean Dip, Crackers	18.	Smoothie Cinnamon Toast Bars Ham & Cheese Roll Ups Fresh Fruit	19.	Muffin Oranges Cheese, Crackers
22.	Cereal Apples Yogurt Grahams	23.	Bagels w/ Cream Cheese Oranges Trail Mix Fresh Fruit	24.	English Muffins Bananas Pretzels Fruit Salad	25.	Oatmeal Peaches Pizza Roll Ups Fresh Fruit	26.	Pancakes Strawberries Banana Bread Fresh Fruit
29.	Cereal Apples Seasoned Oyster Crackers Fruit Salad	30.	Bagels w/ Cream Cheese Oranges Veggies, Veggie Dip	31.	English Muffins Bananas Hummus Crackers				

Each breakfast is served with milk, (1) fruit or vegetable, and (1) bread or bread alternative.

Each lunch is served with milk, (1) meat or meat alternative, (2) fruit or vegetable, (1) bread or bread alternative

Each snack includes at least 2 of the following: (1) milk, (1) fruit or vegetable, (1) bread or bread alternative, (1) meat or meal alternative.