

# Learning Ladder Breakfast, Lunch & Snack Menu September 2020

\*A breakfast bar is served daily at 7:45 as an early morning snack\*

Monday	Tuesday	Wednesday	Thursday	Friday
	1. Muffins Apples  Mac & Cheese Peas, Fresh Fruit  Animal Crackers, Banana	2. Oatmeal Peaches  Cheeseburger Casserole Peas, Peaches  Trail Mix, Craisins	3. Pancakes Strawberries  Chicken Taco Corn, Pineapple  Seasoned Oyster Crackers, Oranges	4. Biscuits Oranges  Ham & Cheese Sandwich Carrots, Apples  Yogurt, Grahams
7.  <b>CLOSED</b>	8. Bagels w/ Cream Cheese Banana  Oriental Hot Dish Broccoli, Mandarin Oranges  Grahams, Milk	9. Scrambled Eggs Apples, Naan Bread  Chicken Ranch Bake Green Beans, Pears  Animal Crackers, Oranges	10. Muffin Banana  Spaghetti w/ Meat Sauce Peas, Peaches  Bean Dip, Crackers/Tortilla Chips	11. Oatmeal Peaches  Sloppy Joes Baked Beans, Applesauce  Sun butter, Nilla Wafers
14. Cereal Oranges  Chicken & Gravy, Mashed Potatoes Carrots, Peaches, Bread  Yogurt, Grahams	15. Biscuit w/ Jam Banana  Chicken Taco Corn, Pineapple  Seasoned Oyster Crackers, Oranges	16. Pancakes Strawberries  Pizza Roll Ups Green Beans, Oranges  Pretzels, Apples	17. Bagels w/ Cream Cheese Apples  Spaghetti w/ Meat Sauce Green Beans, Peaches  Hummus, Crackers/Veggies	18. Scrambled Eggs Banana, Naan Bread  Oriental Hot Dish Broccoli, Mandarin Oranges  Cheese, Crackers
21. Smoothie Raisin Bread  Chicken Noodle Casserole Peas & Carrots, Pears  Cottage Cheese, Pineapple	22. Oatmeal Craisins  Enchilada Bake Corn, Pineapple  Pumpkin Bars, Milk	23. Muffin Oranges  Pizza Casserole Broccoli, Peaches  Bean Dip, Crackers/Tortilla Chips	24. Biscuit w/ Jam Banana  Sloppy Joes Baked Beans, Applesauce  Sun butter, Nilla Wafers	25. Cereal Banana  Homemade Mac & Cheese Peas, Peaches  Trail Mix, Craisins
28. Bagels w/ Cream Cheese Oranges  Turkey & Cheese Sandwich Carrots, Apples  Pretzels, Banana	29. English Muffins w/ Jam Apples  Cheeseburger Casserole Green Beans, Pears  Seasoned Oyster Crackers, Oranges	30. Oatmeal Peaches  Chicken Noodle Casserole Peas, Pineapple  Animal Crackers, Bananas		

Each breakfast is served with milk, (1) fruit or vegetable, and (1) bread or bread alternative.

Each lunch is served with milk, (1) meat or meat alternative, (2) fruit or vegetable, (1) bread or bread alternative

Each snack includes at least 2 of the following: (1) milk, (1) fruit or vegetable, (1) bread or bread alternative, (1) meat or meal alternative