

# Learning Ladder Breakfast, Lunch & Snack Menu January 2020

A breakfast bar and milk are served daily at 7:45 as an early morning snack

Monday	Tuesday	Wednesday	Thursday	Friday
		<p>1.</p> <h2 style="font-size: 2em;">Closed</h2>	<p>2.</p> <p>Cereal Banana</p> <p>Goulash Corn, Peaches</p> <p>Cottage Cheese, Pineapple</p>	<p>3.</p> <p>Muffin Oranges</p> <p>Homemade Mac &amp; Cheese Broccoli, Pears</p> <p>Grahams, Banana</p>
<p>6.</p> <p>Smoothie Raisin Bread</p> <p>Ham &amp; Cheese Sandwich Carrots, Apples</p> <p>Hummus, Veggies/Crackers</p>	<p>7.</p> <p>Bagels w/ Cream Cheese Banana</p> <p>Pizza Casserole Green Beans, Pears</p> <p>Grahams, Milk</p>	<p>8.</p> <p>Scrambled Eggs Apples, Naan Bread</p> <p>Spaghetti w/ Meat Sauce Peas, Peaches</p> <p>Bean Dip, Crackers/Chips</p>	<p>9.</p> <p>Muffin Banana</p> <p>Homemade Mac &amp; Cheese Green Beans, Pears</p> <p>Animal Crackers, Oranges</p>	<p>10.</p> <p>Oatmeal Peaches</p> <p>Sloppy Joes Baked Beans, Applesauce</p> <p>Sun butter, Nilla Wafers</p>
<p>13.</p> <p>Cereal Oranges</p> <p>Hashbrown &amp; Ham Casserole Green Beans, Naan</p> <p>Pumpkin Bars, Milk</p>	<p>14.</p> <p>Pancakes Strawberries</p> <p>Chicken Taco Corn, Pineapple</p> <p>Seasoned Oyster Crackers, Oranges</p>	<p>15.</p> <p>Biscuit w/ Jam Banana</p> <p>Chicken Ranch Bake Corn, Mandarin Oranges</p> <p>Pretzels, Apples</p>	<p>16.</p> <p>Scrambled Eggs Banana, Naan Bread</p> <p>Oriental Hot Dish Broccoli, Mandarin Oranges</p> <p>Cheese, Crackers</p>	<p>17.</p> <p>Bagels w/ Cream Cheese Apples</p> <p>Spaghetti w/ Meat Sauce Green Beans, Peaches</p> <p>Hummus, Crackers/Veggies</p>
<p>20.</p> <p>Cereal Banana</p> <p>Homemade Mac &amp; Cheese Peas, Peaches</p> <p>Seasoned Oyster Crackers, Oranges</p>	<p>21.</p> <p>Bagels w/Cream Cheese Banana</p> <p>Chicken Quesadillas Corn, Pineapple</p> <p>Bean Dip, Chips/Crackers</p>	<p>22.</p> <p>Biscuits w/ Jam Oranges</p> <p>Turkey &amp; Cheese Sandwich Carrots, Apples</p> <p>Trail Mix, Craisins</p>	<p>23.</p> <p>Oatmeal Peaches</p> <p>Sloppy Joes Baked Beans, Applesauce</p> <p>Sun butter, Nilla Wafers</p>	<p>24.</p> <p>Scrambled Eggs Oranges, Nann Bread</p> <p>Chicken Noodle Casserole Peas and Carrots, Pears</p> <p>Cheese, Crackers</p>
<p>27.</p> <p>Bagels w/ Cream Cheese Oranges</p> <p>Baked Ziti Corn, Peaches</p> <p>Animal Crackers, Banana</p>	<p>28.</p> <p>Cereal Banana</p> <p>Chicken and Rice Broccoli, Pears</p> <p>Cottage Cheese, Pineapple</p>	<p>29.</p> <p>Smoothie Raisin Bread</p> <p>Scalloped Potatoes w/ ham Green Beans, Nann Bread</p> <p>Pretzels, Oranges</p>	<p>30.</p> <p>Pancakes Strawberries</p> <p>Pizza Roll Ups Green Beans, Oranges</p> <p>Graham Cracker, Banana</p>	<p>31.</p> <p>Oatmeal Craisins</p> <p>Spaghetti w/ Meat Sauce Green Beans, Peaches</p> <p>Hummus, Crackers/Veggies</p>

Each breakfast is served with milk, (1) fruit or vegetable, and (1) bread or bread alternative.

Each lunch is served with milk, (1) meat or meat alternative, (2) fruit or vegetable, (1) bread or bread alternative

Each snack includes at least 2 of the following: (1) milk, (1) fruit or vegetable, (1) bread or bread alternative, (1) meat or meal alternative.