

Learning Ladder Breakfast, Lunch & Snack Menu January 2018

A breakfast bar and milk are served daily at 7:45 as an early morning snack

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Closed	2. Biscuits w/ Jam Apples Tatter Tot Casserole Green Beans, Mandarin Oranges Pretzels, Banana	3. Cold Cereal Banana Chicken Taco Corn, Pineapple Seasoned Oyster Crackers, Oranges	4. Muffin Oranges Homemade Mac & Cheese Broccoli, Pears Grahams, Banana
7. Smoothie Raisin Bread Ham & Cheese Sandwich Carrots, Apples Hummus, Veggies/Crackers	8. Bagels w/ Cream Cheese Banana Oriental Hot Dish Broccoli, Mandarin Oranges Grahams, Milk	9. Scrambled Eggs Apples, Naan Bread Hot Ham & Cheese Roll-Ups Carrots, Apples Bean Dip, Crackers/Chips	10. Muffin Banana Spaghetti w/ Meat Sauce Peas, Peaches Animal Crackers, Oranges	11. Oatmeal Peaches Sloppy Joes Baked Beans, Applesauce Sun butter, Nilla Wafers
14. Cereal Oranges Chicken & Gravy, Mashed Potatoes Carrots, Peaches, Bread Yogurt, Grahams	15. Biscuit w/ Jam Banana Chicken Taco Corn, Pineapple Seasoned Oyster Crackers, Oranges	16. Pancakes Strawberries Pizza Roll Ups Green Beans, Oranges Pretzels, Apples	17. Scrambled Eggs Banana, Naan Bread Oriental Hot Dish Broccoli, Mandarin Oranges Cheese, Crackers	18. Bagels w/ Cream Cheese Apples Spaghetti w/ Meat Sauce Green Beans, Peaches Hummus, Crackers/Veggies
21. Cereal Banana Homemade Mac & Cheese Peas, Peaches Seasoned Oyster Crackers, Oranges	22. Bagels w/ Cream Cheese Banana Chicken Quesadillas Corn, Pineapple Bean Dip, Chips/Crackers	23. Biscuits w/ Jam Oranges Turkey & Cheese Sandwich Carrots, Apples Trail Mix, Craisins	24. Oatmeal Peaches Sloppy Joes Baked Beans, Applesauce Sun butter, Nilla Wafers	25. Scrambled Eggs Oranges, Nann Bread Chicken Noodle Casserole Peas and Carrots, Pears Cheese, Crackers
28. Bagels w/ Cream Cheese Oranges Baked Ziti Corn, Peaches Animal Crackers, Banana	29. Cereal Banana Chicken and Rice Broccoli, Pears Cottage Cheese, Pineapple	30. Smoothie Raisin Bread Scalloped Potatoes w/ ham Green Beans, Nann Bread Pretzels, Oranges	31. Oatmeal Craisins Tatter tot Casserole Carrots, Pears Graham Cracker, Oranges	

Each breakfast is served with milk, (1) fruit or vegetable, and (1) bread or bread alternative.

Each lunch is served with milk, (1) meat or meat alternative, (2) fruit or vegetable, (1) bread or bread alternative

Each snack includes at least 2 of the following: (1) milk, (1) fruit or vegetable, (1) bread or bread alternative, (1) meat or meal alternative.