

# Learning Ladder Breakfast, Lunch & Snack Menu November 2018

A breakfast bar and milk are served daily at 7:45 as an early morning snack

Monday	Tuesday	Wednesday	Thursday	Friday
			1. Cold Cereal Banana  Chicken Taco Corn, Pineapple  Seasoned Oyster Crackers, Oranges	2. Muffin Oranges  Ham & Cheese Sandwich Carrots, Apples
5. Smoothie Raisin Bread  Scalloped Potatoes Green Beans, Pears, Naan Bread  Hummus, Veggies/Crackers	6. Bagels w/ Cream Cheese Banana  Oriental Hot Dish Broccoli, Mandarin Oranges  Grahams, Milk	7. Scrambled Eggs Apples, Naan Bread  Hot Ham & Cheese Roll-Ups Carrots, Apples  Animal Crackers, Oranges	8. Muffin Banana  Spaghetti w/ Meat Sauce Peas, Peaches  Bean Dip, Crackers/Tortilla Chips	9. Oatmeal Peaches  Sloppy Joes Baked Beans, Applesauce  Sun butter, Nilla Wafers
12. Cereal Oranges  Chicken & Gravy, Mashed Potatoes Carrots, Peaches, Bread  Yogurt, Grahams	13. Biscuit w/ Jam Banana  Chicken Taco Corn, Pineapple  Seasoned Oyster Crackers, Oranges	14. Pancakes Strawberries  Pizza Roll Ups Green Beans, Oranges  Pretzels, Apples	15. Bagels w/ Cream Cheese Apples  Spaghetti w/ Meat Sauce Green Beans, Peaches  Hummus, Crackers/Veggies	16. Scrambled Eggs Banana, Naan Bread  Oriental Hot Dish Broccoli, Mandarin Oranges  Cheese, Crackers
19. Smoothie Raisin Bread  Chicken Noodle Casserole Peas & Carrots, Pears  Pumpkin Bars, Milk	20. Oatmeal Craisins  Spinach Egg Bake Broccoli, Peaches  Bean Dip, Crackers/Tortilla Chips	21. Muffin Oranges  Turkey & Cheese Sandwich Carrots, Apples  Trail Mix, Craisins	<b>CLOSED</b>  <b>Happy</b>  <b>Thanksgiving</b>	<b>CLOSED</b>
26. Bagels w/ Cream Cheese Oranges  Baked Ziti Green Beans, Peaches  Pretzels, Banana	27. Scrambled Eggs Apples, Naan Bread  Chicken & Rice Broccoli, Pears  Yogurt, Grahams	28. Biscuit w/ Jam Banana  Scalloped Potatoes, Green Beans Pears, Bread  Pumpkin Bars, Milk	29. Oatmeal Peaches  Sloppy Joes Baked Beans, Applesauce  Sun butter, Nilla Wafers	30. Cereal Banana  Homemade Mac & Cheese Peas, Peaches  Seasoned Oyster Crackers, Oranges

Each breakfast is served with milk, (1) fruit or vegetable, and (1) bread or bread alternative.

Each lunch is served with milk, (1) meat or meat alternative, (2) fruit or vegetable, (1) bread or bread alternative

Each snack includes at least 2 of the following: (1) milk, (1) fruit or vegetable, (1) bread or bread alternative, (1) meat or meal alternative.