

Learning Ladder Breakfast, Lunch & Snack Menu February 2018

A breakfast bar and milk are served daily at 7:45 as an early morning snack

Monday	Tuesday	Wednesday	Thursday	Friday
			1. Scrambled Eggs Banana & Bread Baked Ziti Green Beans, Pears Seasoned Oyster Crackers, Oranges	2. Cold Cereal Oranges Ham & Cheese Sandwich Carrots, Apples Trail Mix, Craisins
5. Cereal Oranges Scalloped Potatoes Green Beans, Pears, Naan Bread Hummus, Veggies/Crackers	6. Pancakes Strawberries Sloppy Joes Baked Beans, Applesauce Cottage Cheese, Peaches	7. Muffin Banana Oriental Hot Dish Broccoli, Mandarin Oranges Animal Crackers, Apples	8. Smoothie Raisin Bread Spaghetti w/ Meat Sauce Peas, Peaches Bean Dip, Crackers/Tortilla Chips	9. Oatmeal Peaches Hot Ham & Cheese Roll-Ups Carrots, Apples Pumpkin Bars, Milk
12. Cereal Oranges Chicken Taco Corn, Pineapple Yogurt, Grahams	13. Muffins Apples Chicken & Gravy, Mashed Potatoes Carrots, Peaches, Bread Seasoned Oyster Crackers, Oranges	14.  Biscuit w/ Jam Banana Chili Apples, Green Beans Cheese, Crackers	15. Oatmeal Peaches Spinach Egg Bake Broccoli, Mandarin Oranges, Bread Hummus, Crackers/Veggies	16. Pancakes Strawberries Homemade Mac & Cheese Peas, Peaches Pretzels, Banana
19. Smoothie Raisin Bread Chicken Noodle Casserole Peas & Carrots, Pears Cottage Cheese, Pineapple	20. Cereal Banana Spaghetti w/ Meat Sauce Green Beans, Peaches Bean Dip, Crackers/Tortilla Chips	21. Scrambled Eggs Apples, Naan Bread Chicken Quesadilla Corn, Pineapple Sunbutter, Nilla Waffers	22. Muffin Oranges Turkey & Cheese Sandwich Carrots, Apples Trail Mix, Craisins	23. Bagels w/ Cream Cheese Oranges Sloppy Joes Baked Beans, Applesauce Pumpkin Bars, Milk
26. Biscuit w/ Jam Apples Chicken & Rice Broccoli, Pears Yogurt, Grahams	27. Oatmeal Peaches Pizza Roll-Ups Green Beans, Mandarin Oranges Cheese, Crackers	28. Smoothie Raisin Bread Cheeseburger Casserole Peas, Peaches Pretzels, Banana		

Each breakfast is served with milk, (1) fruit or vegetable, and (1) bread or bread alternative.

Each lunch is served with milk, (1) meat or meat alternative, (2) fruit or vegetable, (1) bread or bread alternative

Each snack includes at least 2 of the following: (1) milk, (1) fruit or vegetable, (1) bread or bread alternative, (1) meat or meal alternative.