


# Learning Ladder Breakfast, Lunch & Snack Menu September 2017

A breakfast bar and milk are served daily at 7:45 as an early morning snack

Monday	Tuesday	Wednesday	Thursday	Friday
				1. Biscuit w/ Jam, Oranges  Chicken Noodle Casserole Peas/Carrots Pears  Hummus, Veggies/Crackers
4.  <b>CLOSED</b> For <b>Labor Day</b>	5. Cold Cereal & Apples  Pizza Roll-Ups Carrots & Bananas  Yogurt Grahams	6. Pancakes w/ Blueberries  Spinach Egg Bake Oranges & Broccoli Nann Bread  Cheese & Crackers, Water	7. Smoothie & Raisin Bread  Ham & Cheese Sandwich Apples Sweet Potatoes Wedges  Pretzels, Grapes	8. Muffins & Oranges  Scalloped Potatoes w/ Ham Corn & Peaches Bread  Bean Dip, Crackers, Water
11. Biscuit w/ Jam & Oranges  Homemade Mac & Cheese Peas & Pears  Sunbutter, Nilla Waffers	12. Scrambled Eggs Bread and Apples  Chicken Tacos Pineapple & Corn  Cottage Cheese, Pineapple	13. Cold Cereal & Banana  Sloppy Joes Baked Beans Applesauce  Grahams, Milk	14. Bagels w/ Cream Cheese Banana  Ham & Cheese Hashbrown Casserole, Peaches & Peas  Oranges, Crackers	15. Smoothie & Nann Bread  Quesadillas Apples Corn  Seasoned Oyster Crackers, Milk
18. Muffins & Oranges  Cheesy Potato Soup w/ Ham Broccoli & Pears Nann Bread  Tail Mix, Raisins	19. Oatmeal & Crasins  Spaghetti Applesauce & Corn  Yogurt Grahams	20. Biscuits w/ Jam Banana  Grilled Cheese Oranges & Carrots  Pretzels, Grapes	21. Pancakes w/ Blueberries  Spinach Egg Bake Peaches & Broccoli Nann Bread  Hummus, Veggies/Crackers	22. Yogurt & Raisin Bread  Pizza Roll-Ups Apples Carrots  Milk and Grahams
25. Cold Cereal & Banana  Homemade Mac & Cheese Peas & Pears  Pumpkin Bars, Milk	26. Smoothie & Raisin Bread  Mashed Potatoes and Chicken Gravy, Bread Corn & Peaches  Cottage Cheese, Pineapple	27. Scrambled Eggs Bread and Apples  Turkey and Cheese Sandwich Banana & Sweet Potatoes Wedges  Seasoned Oyster Crackers, Fruit	28. Bagels w/ Cream Cheese Oranges  Sloppy Joes Apples & Carrots  Cheese & Crackers	29. Biscuits w/ Jam Banana  Chicken and Cheese Quesadillas Corn & Pineapple  Nilla Wafers, Sunbutter

Each breakfast is served with milk, (1) fruit or vegetable, and (1) bread or bread alternative.

Each lunch is served with milk, (1) meat or meat alternative, (2) fruit or vegetable, (1) bread or bread alternative

Each snack includes at least 2 of the following: (1) milk, (1) fruit or vegetable, (1) bread or bread alternative, (1) meat or meal alternative.