




Learning Ladder Breakfast, Lunch & Snack Menu May 2017

A breakfast bar and milk are served daily at 7:45 as an early morning snack

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1. Cold Cereal & Banana</p> <p>Spaghetti w/ Meat Sauce Green Beans & Apples</p> <p>Nilla Wafers, Fresh Fruit & Water</p>	<p>2. Pancakes & Strawberries</p> <p>Chicken & Noodles Peas/Carrots & Mandarin Oranges</p> <p>Cheese Sticks, Crackers & Water</p>	<p>3. Bagels & Cream Cheese Banana</p> <p>Pizza Roll-Ups Veggies/ Dip & Pineapple</p> <p>Yogurt, Cereal Mix & Water</p>	<p>4. Scrambled Eggs Applesauce & Bread</p> <p>Scalloped Potatoes w/ Ham Green Beans & Peaches</p> <p>Pumpkin Carrot Bars & Milk</p>	<p>5. Biscuits w/ Jam & Banana</p> <p>Turkey & Cheese Sandwich Apple Wedges</p> <p>Grahams & Milk</p>
<p>8. Scrambled Eggs Applesauce & Bread</p> <p>Mac & Cheese Peas & Peaches</p> <p>Trail Mix, Raisins & Water</p>	<p>9. Pumpkin Muffin & Apples</p> <p>Chicken Tacos Corn & Mixed Fresh Fruit</p> <p>Apples, Sun Butter & Water</p>	<p>10. Biscuits w/ Jam & Banana</p> <p>Sloppy Joes Baked Beans & Pineapple</p> <p>Seasoned Oyster Cracker Cheese Stick & Water</p>	<p>11. Pancakes & Strawberries</p> <p>Spinach Egg Bake Mandarin Oranges & Naan Bread</p> <p>Hummus, Veggies, Crackers & Water</p>	<p>12. Berry Smoothie Raisin Bread</p> <p>Ham & Cheese Roll-Ups Oranges, Green Beans</p> <p>Fresh Fruit & Crackers</p>
<p>15. Cold Cereal & Banana</p> <p>Cheese Pizza Salad/Carrots & Pears</p> <p>Trail Mix, Raisins & Water</p>	<p>16. Cheesy Scrambled Eggs Applesauce & Bread</p> <p>Scalloped Potatoes w/ Ham Fruit Salad & Bread</p> <p>Sun Butter, Pretzels & Water</p>	<p>17. Muffins & Banana</p> <p>Chicken & Noodles Peas/Carrots & Mandarin Oranges</p> <p>Cheese, Crackers & Water</p>	<p>18. Tropical Smoothie (pineapple, Banana & Peach) Raisin Bread</p> <p>Corn & Black Bean Quesadilla Carrot/Celery Sticks & Banana</p> <p>Yogurt, Nilla Wafers & Water</p>	<p>19. Biscuits w/ Jam & Banana</p> <p>Chicken Tacos Corn & Mixed Fresh Fruit</p> <p>Grahams & Milk</p>
<p>22. Cold Cereal & Banana</p> <p>Tomato Soup & Grilled Cheese Carrots/Celery Sticks & Apples</p> <p>Hummus, Veggies, Crackers & Water</p>	<p>23. Biscuits w/ Jam & Applesauce</p> <p>Chicken & Gravy over Mashed Potatoes, Peas & Carrots, Bread</p> <p>Trail Mix, Raisins & Water</p>	<p>24. Bagels & Cream Cheese Banana</p> <p>Chicken Tacos Corn & Mixed Fresh Fruit</p> <p>Fresh Fruit, Pretzels & Water</p>	<p>25. Yogurt, Banana & Raisin Bread</p> <p>Cheesy Broccoli Potato Soup Pineapple & Bread Stick</p> <p>Seasoned Oyster Cracker Cheese Stick & Water</p>	<p>26. Cinnamon Waffles Banana</p> <p>Ham & Cheese Sandwich Baked Beans & Peaches</p> <p>Cheese Stick, Crackers & Water</p>
<p>29. LEARNING LADDER CLOSED</p> <p> Happy Memorial day</p>	<p>30. Pancakes & Strawberries</p> <p>Tomato Soup & Grilled Cheese Carrots/Celery Sticks & Apples</p> <p>Pumpkin Carrot Bars & Milk</p>	<p>31. Biscuits w/ Jam & Banana</p> <p>Pizza Roll-Ups Veggies/ Dip & Pineapple</p> <p>Bean Dip w/ tortillas & Water</p>		

Each breakfast is served with milk, (1) fruit or vegetable, and (1) bread or bread alternative.

Each lunch is served with milk, (1) meat or meat alternative, (2) fruit or vegetable, (1) bread or bread alternative

Each snack includes at least 2 of the following: (1) milk, (1) fruit or vegetable, (1) bread or bread alternative, (1) meat or meal alternative.