

# Learning Ladder Breakfast, Lunch & Snack Menu June 2017

A breakfast bar and milk are served daily at 7:45 as an early morning snack

			Thursday	Friday
			<p>1. Muffins &amp; Apples</p> <p>Chicken Noodle Casserole Peas/Carrots Pears</p> <p>Fresh Fruit &amp; Crackers, Water</p>	<p>2. Strawberry Banana Smoothie Raisin Bread</p> <p>Spinach Egg Bake, Apples Broccoli &amp; Bread</p> <p>Cheese &amp; Pretzels, Water</p>
<p>5. Cereal &amp; Banana</p> <p>Ham &amp; Cheese Sandwich Sweet Potato Wedges Apples</p> <p>Sun Butter, Crackers &amp; Water</p>	<p>6. Muffins &amp; Oranges</p> <p>Spaghetti w/ Meat Sauce Corn &amp; Pears</p> <p>Cottage Cheese Pineapple, Water</p>	<p>7. Scrambled Eggs Apples &amp; Nann Bread</p> <p>Sloppy Joes Baked Beans &amp; Pineapple</p> <p>Hummus, Veggies/Crackers, Water</p>	<p>8. Berry Smoothie Raisin Bread</p> <p>Scalloped Potatoes w/ Ham Green Beans, Oranges</p> <p>Yogurt, Nilla Waffers &amp; Water</p>	<p>9. Bagel &amp; Cream Cheese Bananas</p> <p>Homemade Mac &amp; Cheese Peas &amp; Mandarin Oranges</p> <p>Seasoned Oyster Crackers, Fruit</p>
<p>12. Biscuits w/ Jam Banana</p> <p>Chicken Taco Corn &amp; Pears</p> <p>Sun Butter Apples/Crackers Water</p>	<p>13. Pancakes w/ Strawberries</p> <p>Spinach Egg Bake Peaches Broccoli &amp; Bread</p> <p>Fresh Fruit &amp; Grahams, Water</p>	<p>14. Cereal &amp; Oranges</p> <p>Grilled Cheese &amp; Tomato Soup Corn, Mixed Fruit</p> <p>Bean Dip &amp; Crackers Water</p>	<p>15. Scrambled Eggs &amp; Banana</p> <p>Pizza Roll-Ups Sweet Potato Wedges Pineapple</p> <p>Tail Mix &amp; Craisins, Water</p>	<p>16. Watermelon/Strawberry Smoothie &amp; Raisin Bread</p> <p>Sloppy Joes Apples &amp; Baked Beans</p> <p>Cheese &amp; Crackers, Water</p>
<p>19. Bagels &amp; Cream Cheese Oranges</p> <p>Black Bean &amp; Corn Quesadilla Carrots/Celery Sticks, Apples</p> <p>Tail Mix &amp; Raisins, Water</p>	<p>20. Scrambled Eggs &amp; Banana</p> <p>Sloppy Joes Baked Beans &amp; Peaches</p> <p>Cottage Cheese Pineapple</p>	<p>21. Muffin &amp; Apples</p> <p>Chicken &amp; Gravy w/ Mashed Potatoes Peas/Carrots &amp; Pears</p> <p>Fresh Fruit &amp; Pretzels</p>	<p>22. Smoothie &amp; Raisin Bread</p> <p>Ham &amp; Cheese Sandwich Broccoli &amp; Oranges</p> <p>Hummus Veggies/Crackers, Water</p>	<p>23. Biscuit w/ Jam &amp; Banana</p> <p>Pizza Roll-Ups Sweet Potato Wedges Watermelon</p> <p>Sun Butter &amp; Apples</p>
<p>26. Biscuit w/ Jam Apples</p> <p>Homemade Mac &amp; Cheese Peas &amp; Mandarin Oranges</p> <p>Nilla Wffers &amp; Milk</p>	<p>27. Muffins &amp; Banana</p> <p>Chicken Taco Corn &amp; Pineapple</p> <p>Seasoned Oyster Crackers Oranges, Water</p>	<p>28. Smoothie &amp; Raisin Bread</p> <p>Egg Bake, Nann Bread Broccoli &amp; Apples</p> <p>Cheese &amp; Crackers, Water</p>	<p>29. Pancakes w/ Strawberries</p> <p>Spaghetti w/ Meat sauce Green Beans &amp; Pears</p> <p>Bean Dip &amp; Crackers, Water</p>	<p>30. Cereal &amp; Banana</p> <p>Turkey &amp; Cheese Sandwich Carrots Oranges</p> <p>Trail Mix &amp; Raisins, Water</p>

Each breakfast is served with milk, (1) fruit or vegetable, and (1) bread or bread alternative.

Each lunch is served with milk, (1) meat or meat alternative, (2) fruit or vegetable, (1) bread or bread alternative

Each snack includes at least 2 of the following: (1) milk, (1) fruit or vegetable, (1) bread or bread alternative, (1) meat or meal alternative.