



# Learning Ladder Breakfast, Lunch & Snack Menu February 2017

A breakfast bar and milk are served daily at 7:45 as an early morning snack

Monday	Tuesday	Wednesday	Thursday	Friday
		1. Cream of Wheat w/ Strawberries  Sloppy Joes Baked Beans & Mixed Fruit  Bean Dip, Crackers & Water	2. Cinnamon Waffles Applesauce  Spinach Egg Bake  Peaches & Naan Bread  Fresh Fruit, Nilla Wafers & Water	3. Biscuits & Jam Banana  Cheese Pizza Veggies & Apple Slices  Grahams & Milk
6. Cereal & Banana  Scalloped Potatoes & Ham Peaches & Bread  Cheese, Crackers & Water	7. Oatmeal w/ Raisins  Tomato Soup & Grilled Cheese Orange Slices  Egg Salad w/ Crackers & Water	8. Cheesy, Scrambled Eggs Mandarin Oranges & Bread  Cheeseburger Pasta Carrots w/ Dip & Apples  Sun Butter w/ Pretzels & Water	9. Berry Smoothie & Raisin Bread  Ham & Cheese Gnocchi Green Beans & Pineapple  Banana, Animal Crackers & Water	10. Bagels & Cream Cheese Banana  Turkey & Cheese Sandwich Sweet Potato Wedges & Apples  Grahams & Milk
13. Cereal & Banana  Ham & Cheese Roll-Ups Baked Beans & Peaches  Seasoned Oyster Crackers & Milk	14. Muffins & Applesauce   Chicken Parmesan Broccoli & Pears  Bean Dip w/ tortillas & Water	15. Oatmeal & Strawberries  Tatortot Casserole Mixed Veggies, Pineapple & Bread  Trail Mix w/ Raisins & Water	16. Yogurt & Grahams  Sloppy Joes Sweet Potatoes & Apples  Cheese w/ Crackers & Water	17. Scrambled Eggs Mandarin Oranges & Bread  Tuna & Egg Salad on Naan Bread Carrots & Oranges  Grahams & Milk
20. Cereal & Banana  Tuna Noodle Casserole Peas & Carrots and Peaches  Cheese Sticks, Crackers & Water	21. Cheesy Scrambled Eggs Applesauce & Bread  Cheese & Sausage Pizza Carrots w/ Dip & Banana  Seasoned Oyster Crackers & Fruit	22. Oatmeal & Raisins  Chicken Taco Soup Apples & Breadstick  Muffins & Milk	23. Banana, Berry Smoothie Grahams  Spinach, Egg Bake Oranges & Raisin Bread  Yogurt, Cereal Mix & Water	24. Cinnamon Waffles Apples  Spaghetti w/ Meat Sauce Green Beans & Peaches  Grahams, Fresh Fruit & Water
27. Cereal & Banana  Turkey & Cheese Sandwich Baked Beans & Peaches  Pretzels w/ Sun Butter & Water	28. Bagels w/ Cream Cheese Pineapple  Hawaiian Quesadillas (Ham, Pineapple, Cheese & Broccoli)  Apples w/ Dip & Water			

Each breakfast is served with milk, (1) fruit or vegetable, and (1) bread or bread alternative.

Each lunch is served with milk, (1) meat or meat alternative, (2) fruit or vegetable, (1) bread or bread alternative

Each snack includes at least 2 of the following: (1) milk, (1) fruit or vegetable, (1) bread or bread alternative, (1) meat or meal alternative.